

Forgiveness... A guide for Prayer

By Jacqueline Syrup Bergan and Marie Schwan, CSJ

The Word Among Us Press

This book is a beautiful and easy read, yet thought-provoking and contemplative. It starts with an eleven page review of a variety of ways to pray, which was especially inviting. For even though we know about these ways to pray, it was a gentle reminder of ALL the ways we can center ourselves to the presence of God. By starting with this quick lesson on prayer, it sets one up for the six weeks of daily scripture reading, commentary, suggested prayer pattern, grace request, method of prayer, and closing prayer. Each week focuses on a different “topic” i.e. consequences of sin, God’s merciful forgiveness, etc.

This book could easily be used on an individual basis, for example, a Lenten Study. An SCC group could also benefit. Unfortunately, there are no discussion questions with each daily study. A group would need to develop their own questions based on their individual journey through prayer.

Overall, the reviewer felt very positive about how this book could help one grow in prayer and “quiet with God”.